

Viewing the world through our individual lenses

Take an inventory: Who are you?

- Race/Ethnicity
- Nationality
- Gender
- Sexual orientation
- Educational background
- Socioeconomic background
- Religious background
- Moral and ethical beliefs
- Political views / party memberships
- Prejudices
- Childhood/young adult experiences
- Etc.

**How does who you are,
your background and your experiences
influence
how you see things today?**

**What issues are difficult for
you to see objectively?**

**As dynamic beings,
we change.**

- 1) How have you evolved?**
- 2) As a result, what are your contradictions?**

1) How have you evolved?

2) As a result, what are your contradictions?

- Race/Ethnicity
- Nationality
- Gender
- Sexual orientation
- Education
- Socio-economic situation
- Religion
- Moral and ethical beliefs
- Political views
- Prejudices
- Childhood/young adult experiences

Be aware of who you are.

1. Generating story ideas
2. Developing a list of questions / info to gather
3. Deciding whom to interview /
which other sources to use
4. Selecting the information you've gathered
5. Writing the story
6. Editing the story

**And remember that your sources have
their own lenses.**