



**Highly qualified –
for your health**

The TK for students

Bachelor? Master? Doctor? Techniker!

Are you looking forward to uni? Rightly so, because student life has a lot to offer. However, studying also entails considerable pressure and stress: getting credits, writing important papers, perhaps funding your studies by working on the side – all while trying to keep healthy.

The TK helps you rise to these challenges. We not only provide you with health insurance, but also give you active support with lots of services and extras that take things off your hands, protect you and help you stay fit: from stress prevention techniques to career tips. By the way: For most topics you will find a **search number**. If you enter this number on **tk.de** in the search window, you will be taken directly to the further information. Unfortunately, not all information are available in English yet.

Right on your doorstep: our TK campus consultant Save yourself a long journey! We have over 150 TK campus consultants who advise students directly and in person on campus; there is sure to be one close to you. He or she can save you time by offering you the following services:

- Tips on health insurance during your studies, when studying abroad and after your obligatory student health insurance ends
- Certificates (e.g. for the BAföG office)
- Info for international students
- Preparing for a career

Good for your schedule: We make doctor's appointments for you It isn't always easy to get an appointment with a family doctor or specialist, and it can also take up a lot of time. This is why we offer our insurees the TK-AppointmentService which you can use if you want us to make you an appointment with your doctor. **(2051216)**

Belly. Bottom. Bonus points! It doesn't matter how you work up a sweat: The TK rewards anyone who shows commitment to their health. Our TK-Bonusprogramm doesn't just motivate you with money, but also offers you lots of extras for an even healthier life.





Your health pays off: with the TK-Bonusprogramm

Each health measure scores a certain number of points. This is our way of rewarding activities that promote a health-conscious lifestyle. Some ways in which you can score points are:

- Active membership of a sports club/gym
- Quality-controlled health courses
- Preventive check-ups

Once you have reached just 1,000 points, you can decide whether to have your bonus paid out in cash or transferred to your TK health dividend.

TK health dividends You can reinvest your TK health dividend in your health, e.g. by using it to purchase a new fitness tracker. In this case, you receive a health bonus which is worth double the payout. This means that participation in the TK bonus program actually pays off twice over.

Taking part is easy – just use the TK app or go to **tk.de** and log in to the protected area “Meine TK”. **(2024580)**

On your marks: sports medicine check-ups Do you want to take up sport? Or are you getting started again after a lengthy break? We will gladly provide a sports medicine check-up to help you get ready. Your sports doctor will check how healthy you are and determine what kind of training is best for your personal fitness level. This will help you minimise health risks and achieve your sporting goals in a healthy manner. **(2009848)**

Your goals in view: the TK-GesundheitsCoach Our digital TK-GesundheitsCoach never gets tired of looking after you. Round the clock, in all matters relating to stress, diet and exercise. Actually, it isn't just a single coach; it's made up of seven specialists in the fields of stress prevention, burnout, diabetes, diet, fitness, headaches and non smoking. **(2011440)**

We work hard to make sure nothing goes wrong.

The forces of nature – also work for us As a TK insuree, you can also make use of complementary forms of medicine. Your doctor can for example prescribe homoeopathic remedies, which do not require a prescription but are only available from a pharmacy. In return, the TK will reimburse costs of up to 100 Euro per calendar year for each insuree aged twelve and over. **(2002554)**

This applies to

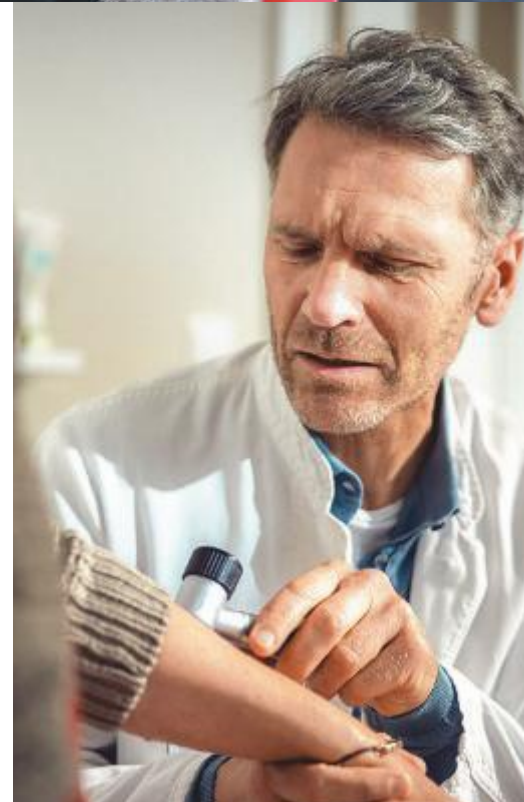
- homoeopathic remedies
- anthroposophic medicine
- phytotherapy

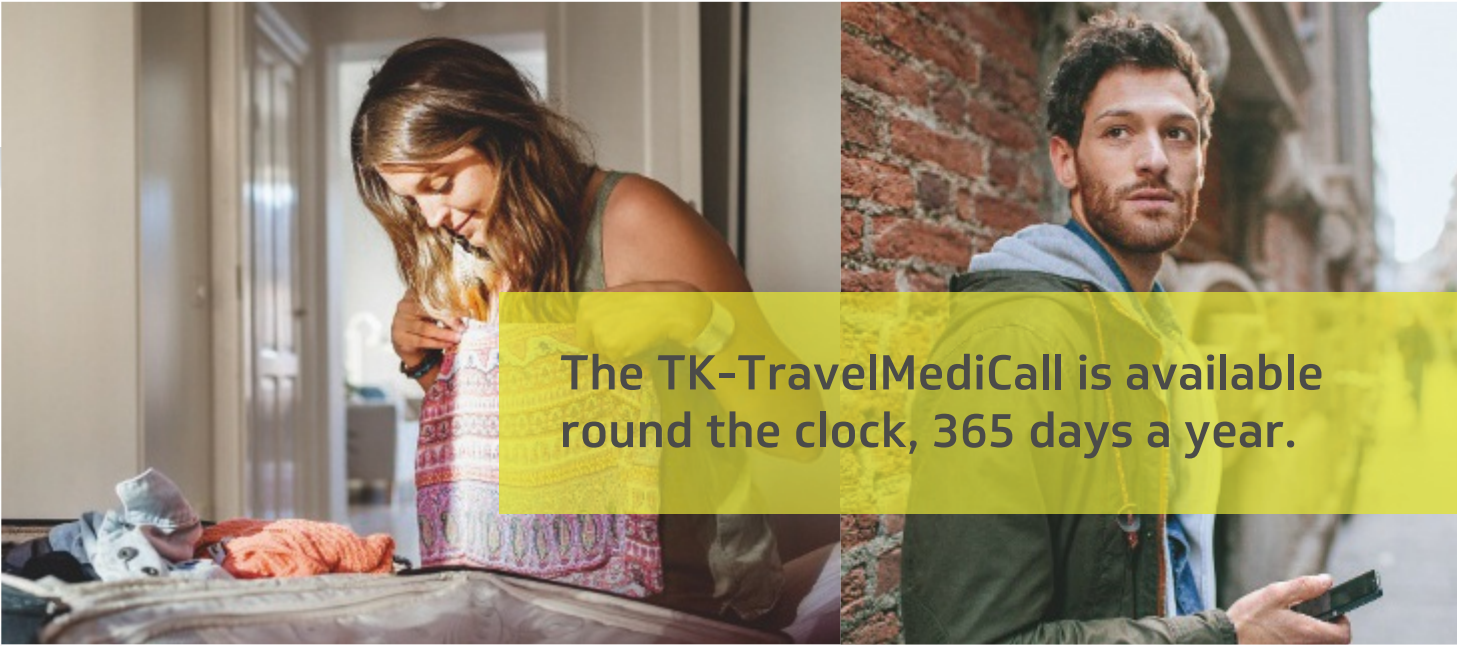
Hands that heal: osteopathy This manual therapy is valued. The TK will bear the costs provided certain conditions are met. **(2001098)**

A needle-sharp argument: vaccination against HPV The Robert Koch Institute's Standing Committee on Vaccination (STIKO) recommends vaccination against the Human Papilloma Virus (HPV) for all girls and boys aged between nine and 14. Any vaccinations missed should be administered before their 18th birthday. The TK also reimburses the costs of the vaccination – minus the extra payment for the vaccine – for men and women from the age of 18 up until the day before their 27th birthday. **(2024424)**

Getting under your skin: our skin cancer screening program More and more young people are developing skin cancer. People insured with TK are therefore entitled to skin cancer screenings. Men and women aged 20 and over can see a dermatologist for this check-up every 24 months. **(2007966)**

Bitten by the travel bug? Only before your holiday! It goes without saying that holidays are the best time of year! Cheap flights have made remote destinations more accessible than ever before. Whether Africa, Asia or the Caribbean: the TK offers more services than the minimum prescribed by law to make sure you stay healthy during your trip. It bears the costs of all recommended vaccinations and malaria prophylactics, if applicable excluding the statutory contribution for the vaccine and/or medication. **(2009676)**





The TK-TravelMediCall is available round the clock, 365 days a year.

A sound knowledge puts you at ease. No doubt at all.

Feel safe, feel good

Preventive measures and screening ensure that diseases can be diagnosed and treated at an early stage. The TK makes it easy for you to remember these important appointments. If required, we will send you free reminders of the tests you are due for. These include:

- Cancer screening
- Skin cancer screening
- Dental check-ups
- Individual doctor's and vaccination appointments

Problems often show up at night: so does TK-MediCall

Whenever it's urgent: if you want to know something about a health issue, just call the TK-MediCall. Here you can reach more than 100 specialists round the clock, no matter whether you need a dentist or an ophthalmologist. **(2009676)** They will answer questions about

- diseases and their symptoms
- examinations and treatment methods
- medicines and their effects
- surgical procedures

First choice for long-distance calls: the TK-TravelMediCall

The better prepared you are, the more carefree your holiday will be. The TK has a team of doctors trained in travel medicine and tropical medicine who can help you with your travel planning – for example with advice on what to pack in your first-aid kit. They will of course also provide important information in the event of an emergency while you are abroad. Whether you are travelling for business or leisure – the TK-TravelMediCall is available round the clock, 365 days a year. **(2001348)**

Need to save time? Nothing easier.

We love technological progress. This is why we offer apps designed to enhance your everyday digital life with useful innovations. The most important of these is our TK-app, with which you as a TK insuree can deal with many things directly from your smartphone. **(209048)**

Overview of formalities



Things to know before studying in Germany To give you an idea of which documents you'll need before you get here and after your arrival, we have listed them in order. This is for international students from non-EU countries or from Bosnia-Herzegovina, Iceland, Liechtenstein, Macedonia, Montenegro, Norway, Switzerland, Serbia, Turkey and Tunisia.

Admission You need a letter with confirmation of admission to a German university

Applying for a visa The length of visa application procedures can vary so it's better to apply as far in advance as possible. You need to have proof of your financial situation, for example, a security sum (around 8,000 Euro) on a blocked account or scholarship from a recognised scholarship foundation.

Enrolment In the orientation week, you'll need to collect, sign and submit a variety of documents. Not later than at this stage you will have to get a German health insurance in order to be able to enrol at your university.

Residence permit You should first obtain your registration card from the local registry office (Meldebehörde) where you live. You'll need your registration card, confirmation of enrolment and proof of health insurance to apply for a residence permit.

How to join TK

1. Complete the application on the next page. If you are unsure about what to answer, please do not hesitate to contact us. (Below you find the most asked questions.)
2. Please sign the application. Without your signature the application is not valid. Afterwards, scan it and email it back to us.
3. We will send you a confirmation of your membership with TK. This document is necessary for your enrolment.
4. After your arrival in Germany: please send us your confirmation of enrolment and the SEPA direct debit authorisation so that TK can deduct the monthly payment from your account.
5. You will receive your health insurance card at your German address.

FAQs – how to fill out the application. Following we show you four of the most asked questions to fill out your application, if you have other questions or you need help we'll gladly support you.

Details of previous insurance Only relevant if you were last insured in one of the EU countries or Bosnia-Herzegovina, Iceland, Liechtenstein, Macedonia, Montenegro, Norway, Switzerland, Serbia, Turkey or Tunisia.

Income details Only relevant if you've applied for financial assistance from the German Employment Agency; otherwise please disregard.

Retirement benefits Also relevant if you receive or have applied for a state pension or related benefits in your home country or another country where you are entitled.

Benefits in kind from abroad Only relevant if you are still insured in one of the EU countries or Bosnia-Herzegovina, Iceland, Liechtenstein, Macedonia, Montenegro, Norway, Switzerland, Serbia, Turkey or Tunisia.

TK campus consultant If you need any help with boring paper-work relating to your health insurance please do not hesitate to contact your personal campus consultant. You will find the contact details on the back.

Student membership application form



I would like to change
to TK as of

Day	Month	Year							

Personal information

☐ Ms ☐ Mr

Surname

First name

Street, Street no.

Address line 2

Post code, city

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Date of birth: DDMMYYYY

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Insurance no.

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

German pension insurance number

If no insurance number or German pension insurance number has been assigned, we will require the following information:

Name at birth

Place of birth

Nationality

Your health insurance cover details

☐ I was last insured or lived abroad.

Name of country

I was last

☐ compulsorily insured ☐ voluntarily insured
☐ privately insured ☐ insured as dependant

from

to

Name of health insurance, town/city

Important: Please send us a confirmation of cancellation in case you most recently had voluntary or compulsory insurance cover.

☐ I have been exempted from compulsory insurance cover.
Important: Please send us a copy of your exemption letter.

☐ I am entitled to benefits in accordance with foreign law.

Details on income

I am employed or self-employed during my studies.

Weekly study time _____ hours

Weekly working hours _____ hours

Monthly gross pay (employment) _____ EUR

Monthly profit (self-employment) _____ EUR

☐ I draw or have applied for benefits from the Federal Employment Agency [Agentur für Arbeit].

☐ I have employed at least one person for more than three months and in more than marginal employment.

☐ I simultaneously employ several people in marginal employment whose gross pay together exceeds the minor employment threshold (currently 450 Euro)

Details on your studies

Important: Please send us your current registration letter, stating the academic semester.

I have studied from/since _____

I am currently in the following academic semester _____

Subject

University / Fachhochschule

☐ I am studying for a Master's degree.

☐ I have already studied abroad.

Number of academic semesters _____

Details on pension payments

☐ I draw a pension or have applied for a pension.

☐ I receive pension payments, e.g. company pension, pensions.

Details on dependants

☐ I would like to insure my dependants exempted from contributions. Please send me an application for non-contributory dependants' insurance.

☐ I am married or live in a civil partnership pursuant to the LPartG [German Civil Partnership Act] and my spouse/civil partner is not insured with a statutory health insurance fund.

Details on long-term care insurance

☐ I am mother/father to at least one child.

Important: Please send us proof (e.g. copy of the birth certificate).

For queries

Telephone, optional information

E-Mail, optional information

X

Date, signature (legal representative, if applicable)

We require personal data (social data) in order to carry out our tasks correctly. The legal basis for this is Section 284 SGB V [German Social Security Code, Book V] and Section 94 SGB XI. The information about TK's data processing pursuant to Article 13 DSGVO [EU General Data Protection Regulation] is available on www.tk.de/dataprotection.

Your personal contact

Julia Andreas
Tel. 01 51 - 14 53 49 91

julia.andreas@tk.de



1103090408

Please return in a window envelope, TK will pay the postage.

Deutsche Post 

ANTWORT

Techniker Krankenkasse
Julia Andreas
Bahnhofstr. 24
09111 Chemnitz

First name, surname

SEPA Direct Debit Mandate

Mandate reference number: to be submitted at a later date

Note: As part of your rights, you are entitled to a refund from your bank under the conditions of your agreement with your bank. A refund must be claimed within eight weeks starting from the date on which your account was debited. You also agree to inform Techniker Krankenkasse when your mandate ends.

1

7

Age group	Number of people
0-10	100
11-20	80
21-30	60
31-40	40
41-50	20

Signature of account holder

We require your personal information to complete our tasks properly. The legal bases are Section 284 German Social Security Code, Book V [SGB V] and Section 94 German Social Security Code, Book XI [SGB XI].

Please return in a window envelope, TK will pay the postage.

Deutsche Post 

ANTWORT

Techniker Krankenkasse
Julia Andreas
Bahnhofstr. 24
09111 Chemnitz



Stay on with us.

We are very proud that more than 460,000 students in all disciplines are insured with TK. This means that more than a quarter of all students covered by obligatory health insurance put their trust in us. We will gladly keep them on after graduation. However, we prefer to let our services speak for themselves rather than our figures. For example, the services with which we help you prepare for life after university.

Tips for now and later: the student portal AUBI-plus

Our partner **AUBI-plus** offers all students useful tips on jobs, trainee programs and job placements. The portal features search engines with which you can for example look for job starter fairs and dual study places all over Germany.

Exam nerves? **AUBI-plus** also offers help in dealing with this problem, from preparation to effective methods for soothing nerves.

Good to know!

The TK helps your career

To help you get started after your studies, we have had experts on careers and applications put together extensive information for graduates; we also offer a wide range of seminars in German and in English.

Order the free TK brochure for students "Erfolgreich in den Job" (available in German only). Here you will find all the answers to your questions on starting work:

- Analysing your own potential
- Searching for the right job
- Persuasive application documents
- Alternative types of application (e.g. online applications)
- Interviews
- Assessment centres

I'm here to help you

Do you have any questions relating to any aspect of health and health insurance? Just get in touch with me. I'd be glad to give you some advice.

Julia Andreas

Campus consultant

Tel. 01 51 - 14 53 49 91

julia.andreas@tk.de

You can also visit us at:

